

**WCOC Great Cockup Galoppen**  
**Sunday 3<sup>rd</sup> September (Final details 29/08/17)**

**FINAL DETAILS**

**Changes to provisional details – Course information updated.**

**Venue:** WCOC White Team welcome you to Great Cockup Galoppen. Nearest town Keswick.

**Parking:** Parking and registration will be at Horsemoor Hills Farm, near Orthwaite, Uldale. Postcode CA7 1HL, Grid Reference NY253334. There will be a parking charge of £1. When you arrive at the farm, please follow the directions of the marshals.

**Directions:** *Travelling from the south and west.* There are several minor roads that lead to Horsemoor Hills from the A591 when approaching from the south and west. Signs to the event will be on two of these road junctions to avoid traffic passing through Bassenthwaite village. These will be; from the south the junction at High Side, (signpost to Orthwaite) at GR NY235305 and from the west the junction at GR NY216325 just south of the cross roads at Castle Inn (signpost to Bassenthwaite Village).

*Travelling from the north.* The event will be signed from the B5299 west of Caldbeck at the road junction on Aughertree Fell, GR NY269378 (signpost to Orhtwaite and Mirkholme).

Please take care as you approach and enter the farm yard as there will be competitors on the road heading to the start.

**Toilets:** Will be available in the parking area.

**Entry on Day:** Cost £8 seniors (£6 for BOF members) and £3 juniors. SI dibbers can be hired at registration for £1.

**North West Junior Squad:** A cake and refreshments stall will be available in the parking area. The juniors will be fundraising for the squad activities. Please support them.

**Safety:** Competitors take part at their own risk and are responsible for their own safety. Whistles are compulsory and there will be a whistle check at the start. **NO WHISTLE NO GO.** In the event of bad weather a hooded waterproof top may be compulsory. You will be advised at registration if this is the case. The event is in September and out on the open fell it can still be very cold and wet. Come prepared.

Full leg cover is advised. The area is grazed by sheep, so check afterwards for ticks.

First Aid will be available at registration/download.

**Dogs:** Dogs allowed on a lead in the parking area only. No dogs allowed on the courses.

**Registration, Start Times and Course Closure**

Registration 10:00 to 12:00

Starts from 10.30 to 12:30

Courses close at 14:30

YOU MUST DOWNLOAD, even if you retire. This is a safety requirement. The download will be near registration.

**Punching:** SI punching start.

The controls will be enabled for SI air/SIAC dibbers but you MUST remember to follow the correct sequence at the start; a) Clear, b) SIAC Check, c) punch the Start box.

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**Walk to the start/finish:**

The start will be located a short walk from the parking following the minor road to the north and a bridleway. Allow 15 minutes.

The finish is a little further along the bridleway.

Please take care on the minor road and supervise young juniors. The road is generally very quiet but event traffic will be using it if travelling from the north.

**Map:** The Uldale Fells and Cockup have many boulders - only the most significant of which have been mapped. You may notice some smaller unmapped boulders and rock features on your course - so keep switched on.

Only the deepest, thickest patches of bracken have been mapped.

You are also likely to encounter numerous unmapped sheep trods.

Yellow maps will be available from registration to allow juniors and novices the chance to look over the course before heading out.

Loose control descriptions will also be available from registration. Control descriptions are also printed on the maps.

**Terrain:** Very fast open fell with great views of the Back O' Skidda and North West Cumbria. Some bracken on the lower slopes which quickly thins out as you gain height.

**Courses:**

Yellow and Orange courses will follow tapes between some controls where there are no line features. Please explain this to the juniors.

Course	Distance (km)	Climb (m)	Controls	Map scale
Brown	8.7	375	11	1:10,000
Blue	6.3	250	10	1:10,000
Green	5.8	190	10	1:10,000
Short Green	3.1	130	9	1:7,500
Light Green	2.9	130	9	1:7,500
Orange	2.1	130	11	1:7,500
Yellow	2.0	120	9	1:7,500

**Results:** Will be displayed and updated periodically at the download. Full results will be published on the WCOC website as soon as possible after the event ([www.wcoc.co.uk](http://www.wcoc.co.uk)).

Galoppen results and points are now available on the website for the last 6 events.

**Enjoy your run – and remember to DOWNLOAD - even if you retire**

Planners: Howard and Kim Leslie

Controllers: Martin and Susan Skinner

Organiser: Anne Burbidge (E: [anne\\_burbidge@hotmail.com](mailto:anne_burbidge@hotmail.com), T: 016975 08705)

Acknowledgements and thanks to the Land Owners for granting permission and special thanks to Mr Johnstone of Horsemoor Hills for the use of his farm for parking and assembly.