



Upcoming Fixtures....

THIS WEEK Thur 15 May, Sale Fell near Embleton. Nice open fellside. Usual long/short (Score) and novice courses will be available. Cost £3/£1.50 with starts 6.00 to 7.15pm. Parking on the side of the minor road.

Sun 18 May, Threlkeld Galoppen. Usual courses on this complex quarried landscape which will require careful navigation - a good test! See website for all the details.

Thur 22 May, Blakeley Raise. Nice open fellside. Usual long, short and novice courses will be available. Cost £3/£1.50 with starts 6.00 to 7.15pm. Parking on the side of the fell road.

Club Coaching Session

This Saturday, 17th May at Latrigg. Book your place with Lynne as soon as possible please.

Allerdale Bike Challenge

The first event is on Wed 21st May in the Lorton area. Pre-enters via www.bmbo.org.uk

NWJS Selection weekend

Four of our up and coming younger juniors will take part in the training this weekend to try and secure a place in the regional squad. We wish them all the best.

School Event Series

The 2014 School events continue this week with the third Primary event at Longlands Lake on Thursday and the first Secondary event at Maryport Coastal Park, Monday.

Promote our events!

A couple of leaflets were left on cars at the Jaws event on Thursday evening. Would you please find a home for them, by giving to a friend or posting on a noticeboard. We have to take every opportunity to promote what we do!!!

Newsletter The next newsletter is under construction. Any contributions for Graham Watson (editor) should be sent as soon as you can.

Watermillock Galoppen

Excellent performances from David Spencer and Simon Hunter, 1 & 2 on the Blue. Daniel Spencer won the Green, as did Caitlin Irving on the Orange. Niamh Hunter was second on Lt Green.

Many other top placings which will give good galoppen points.

Jaws 8.5.14

(Selection from results.)

Long

1st	Richard Wren	43:25
2nd	Todd Oates	48:13
3rd	Alastair Thomas	48:56
4th	David Spencer	52:18
5th	Rob Stein	53:21
6th	Helen Winskill	53:53
7th	John Slater	54:34
8th	Ian Cumpstey	54:37
9th	Daniel Spencer	56:13
10th	Howard Leslie	57:18
11th	John Taylor	59:32
12th	Andrew Bradley	60:06
13th	Jeff Goodwin	61:18
14th	Steven Breeze	62:12
15th	Stuart Parker	62:42

Short

1st	Roger Jackson	47:24
2nd	Roger Thomas	47:57
3rd	Rosie Spencer	52:14
4th	Hannah Bradley	54:24
5th	Michael Pearson	56:25
6th	Ian Teasdale	56:26
7th	Richard Cummings	57:51
8th	Rachel Osborn	64:00
9th	Syd Thomas	64:13
10th	Joyce Hemingway	67:34
11th	Penny Kingsland	70:16
12th	Henry Teasdale	71:41
13th	Mike Cumpstey	75:20
14th	Jenny Garbutt	76:19
15th	Caitlin Irving	77:07

Novice

1st	Wilfrid Teasdale	8:58
2nd	Eve Christian	12:33
3rd	Sam Christian	14:47
4th	Ben Mancebo	17:51
5th	Isabel Winskill	26:22
6th	Maisy Winskill	26:28