



Upcoming Fixtures....

THIS WEEK Thur 28 February, Maryport Golf Course. Cost £4/£2. Final event of the Night series. Starts are likely to be delayed a bit to allow the dusk to gather! Long, Short, Novice and Nighthawk courses. Cost £4/£2. Starts 6.15 to 7.15pm. Prizegiving afterwards in the Golf Club.

Thur 7 March, Cockermouth Urban event with long & short courses. Practice for the JK sprint! You may need your headtorch if starting late. Cost £4/£2. Starts 5.30 to 7pm.

Thur 14 March, Moorclose, Workington Urban event with long & short courses. Practice for the JK sprint! This is a new area with a NEW map @1:4000. Cost £4/£2. Starts 5.30 to 7pm.

Thur 21 March, Crow Park, Keswick Urban event with long & short courses. Practice for the JK sprint! Cost £4/£2. Starts 5.30 to 7pm.

Night Series Finale at Maryport Golf Course

The Night Series concludes at the end of the month on the golf course beside the Solway! We will have the use of the Clubhouse itself, with food and a bar available, for the prize giving presentation. There will be a choice on the menu.... Cumberland sausage, egg & chips (£8.50), Burger & chips (£7.50), and Fish, chips & peas (£9.50). The chef would like to know numbers etc before the night. Please reply to this EMAIL when you get a chance.

CompassSport Cup Qualifier

BL are staging the qualifier event for this year's CompassSport Cup competition. Venue is Bampton Common near Ullswater on Sunday, 17th March. The event is pre-entry which you can do via SI Entries website. You need to select the appropriate course to enter. If in any doubt then contact Alan Irving (Team Manager), or reply to this EMAIL to find out where your efforts would be best placed!

Twitter. You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!

West Cumberland Orienteering Club Facebook Page

NEWS....

Welcome to our new members, the Skidmore Family, Beth (W10), Julie (W45), Mark (M45) and Matthew (M12).

British Nights results still being processed. However, Niamh Hunter has taken W20 win, many congratulations - British Champ!! Sam Stead, regularly in the night event results, won the Netherhall 10k at the weekend in 56:58

Swarth Fell 21.02.2019

(Selection from the results.)

Long		
1st	Simon Hunter	32:53
2nd	Mike Harrison	38:30
3rd	Sam Stead	38:32
4th	Andrew Bradley	39:26
5th	Michael Billinghamurst	39:34
6th	John Taylor	44:45
7th	Nick Moore	46:29
8th	Steven Breeze	47:21
9th	Simon Woodbury	47:47
10th	Pete Nelson	50:51
11th	Kate Charles	50:58
12th	Chris Pollitt	51:40
13th	Ange Jackson	54:04
14th	Jonty Goodwin	59:25
Short		
1st	Caitlin Pearson	25:22
2nd	David Rodger	29:42
3rd	Mark Skidmore	31:16
4th	Roger Jackson	31:47
5th	Lynne Thomas	32:32
6th	Roger Thomas	32:52
7th	Ryan Crellin	33:54
8th	Anne Burbidge	33:55
9th	Chris Emerson	34:52
10th	Emma Crawford	36:29
11th	Jessica Breeze	37:04
12th=	Colin Smith	37:18
12th=	Clare Rodger	37:18
14th	Kevin Hodgson	38:30
15th	Richard Cummings	39:35
16th	Deborah Goodwin	42:02
Nighthawk		
1st	Daniel Heppell	27:32
2nd	Rebecca Crellin	28:06
3rd	Toby Heppell	30:09
4th	Matthew Skidmore	34:58
5th	Sophie Crawford	35:17
6th	Beth Skidmore	35:24
7th	Julie Skidmore	35:40