



## Upcoming Fixtures....

**THIS WEEK Wed 29 May, Allerdale Bike Challenge** Second event of the 2019 series. See bmbo website for details and entry. Based around Embleton.

**Thur 30 May, Mell Fell** A popular fell near Troutbeck. Great views if we are lucky with the weather. Long, short and Novice courses. Cost £4/£2. Starts 5.30 to 7pm.

**Thur 6 June, Wasdale** Great open fell close to Wastwater. Wonderful terrain with magnificent views. Long, short and Novice courses. Cost £4/£2. Starts 5.30 to 7pm.

**Sun 9 June, Threlkeld Galoppen** Cumbrian Galoppen on Threlkeld Knotts, near Keswick. Usual courses, Yellow to Brown, something for everybody. See website for parking and event details.

**Wed 12 June, Allerdale Bike Challenge** Third event of the 2019 series. See bmbo website for details and entry. Based around Dearham.

### Summer Series underway.

Following on from the first three events, at Lodore, High Rigg and Sale Fell, the fourth event at Honister was on a new map by Mike Hind. Thanks to Mike for spending all those hours surveying the area to produce a very exciting race with magnificent views down Borrowdale. Attendances are quite high so parking can be at a premium, with roadside verges the only option. Please park considerately and take care with open doors and non orienteering passing traffic. In two weeks the venue is Wasdale. Quite a drive for many, but some of the best orienteering that WCOC have to offer. It will be well worth the trip.

### Threlkeld Galoppen.

The next event in the Cumbrian Galoppen series will be held on Threlkeld Knotts, a very complex area with loads of old mining scars. As usual a team of volunteers will be sought to help run the event. If you have time please offer your help; the Galoppen co-ordinator Jon Eaton would be pleased to hear from you.

**Twitter.** You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!

[West Cumberland Orienteering Club Facebook Page](#)

### Scottish Champs

M10 - Hiroki Holmes 5<sup>th</sup>, M18E Joe Hudd 4<sup>th</sup>, Ben Goodwin 6<sup>th</sup>, M20E Alastair Thomas 2<sup>nd</sup>, Ben Breeze 6<sup>th</sup>, M21E Mark Purkiss 6<sup>th</sup>, M45L Steve Breeze 8<sup>th</sup>, M50L Alan Irving 3<sup>rd</sup>, M55L Mike Billinghamurst 2<sup>nd</sup>, M75L Mike Pearson 2<sup>nd</sup>, M55S Roger Thomas 3<sup>rd</sup>, W14A Myrtle Ashworth 9<sup>th</sup>, W16A Caitlin Irving 2<sup>nd</sup>, W 18E Rosie Spencer 8<sup>th</sup>, W20E Niamh Hunter 2<sup>nd</sup>, W45 L Lynne Thomas 5<sup>th</sup>, W60S Lesley Wornham 1<sup>st</sup>. Congratulations all!

### Honister 23.05.2019

(Selection from the results.)

#### LONG

1st	Joe Sunley	36:08
2nd=	Daniel Spencer	37:15
2nd=	Phil Winskill	37:15
4th	Jamie Rennie	37:41
5th	David Spencer	37:45
6th	Keith Tonkin	38:29
7th	Ben Breeze	39:02
8th	Steve Birkinshaw	39:15
9th	David Wilson	41:58
10th	Karen Parker	42:19
11th	Sam Stead	43:11
12th	Steven Breeze	43:17
13th	Jeff Powell Davies	44:15
14th	Rosie Spencer	47:40
15th	Graham Watson	48:11
16th	Chris Emerson	48:58

#### SHORT

1st	Wilfrid Teasdale	29:00
2nd	Roger Thomas	38:23
3rd	Roger Jackson	41:34
4th	Ian Teasdale	41:39
5th	Michael Pearson	44:48
6th	Christine Kiddier	45:24
7th	Raymond Wren	46:18
8th	Mike Cumpstey	46:33
9th	Ged Hagan	46:58
10th	Louise Hagan	49:59
11th	Emma Moody	50:59
12th	James Birkinshaw	51:07
13th	Elizabeth Elliott	51:41
14th	Daisy Rennie	52:03
15th	Richard Southward	52:04
16th	Emma Crawford	52:15

#### NOVICE

1st	George Rennie	22:32
2nd	Robert Paterson	34:11
3rd	Stefie Stejn	50:48